





**How can you love
someone who is
hurting this
week?**

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**What would you
do if you had to
wait in a really
long line at the
grocery store?**

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**What is something
outside that fills
you with joy?**

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**What is the
kindest thing
someone has ever
done for you?**

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**Would you rather
relax by a
campfire on the
beach or in the
mountains?**

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**If you had \$100
to spend on
anyone but
yourself, how
would you spend
it?**

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What kind of animal do you think is the most trustworthy?

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What is something that makes you feel strong and powerful?

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What would you do if you found a tiny kitten outside and all alone?

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What do you think it means to love your enemy?

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How do you calm down when you feel really angry?

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Would you rather ride a roller coaster or eat an ice cream sundae?

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**Which holiday
makes you feel
most peaceful?**

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**What's the best
gift you've ever
given someone?**

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**What thoughts
come to your mind
when someone
tells you to be
patient?**

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**How do you show
your friends they
can trust you?**

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**Have you ever
been kind to
someone you
didn't really like?**

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**What do you think
of when you hear
the word
"gentle"?**

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**What is a place
that makes you
feel calm and in
control?**

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**What is a food
that makes you
really happy?**

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**Have you ever
done something
awesome you
thought you could
never do?**

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**What would you
do if two of your
friends were
fighting with
each other?**

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**What makes you
feel loved?**

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**Would you rather
get your birthday
present a day
early or wait a
day and get an
extra gift?**

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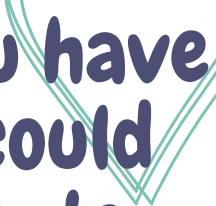
**Who is the kindest
person you know
and what makes
them kind?**

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**What is one way
you could've been
more gentle
today?**

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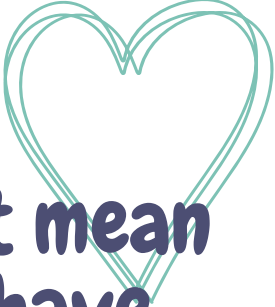
**What do you have
that you could
give away to
someone who
needs it more?**

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**When is it hard for
you to choose
your words
carefully?**

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**What does it mean
to you to have
faith?**

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**What would you
dress up as if you
wanted to feel
strong?**

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